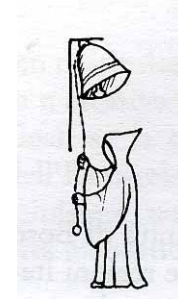


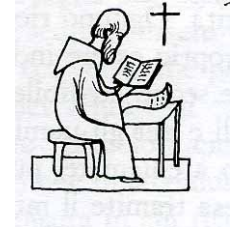
La giornata al Monastero



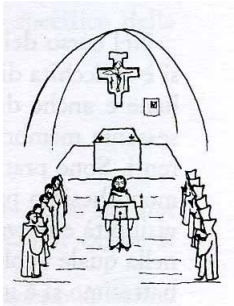
Silenzio
ore 22.00



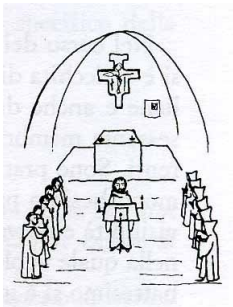
Sveglia
ore 6.00



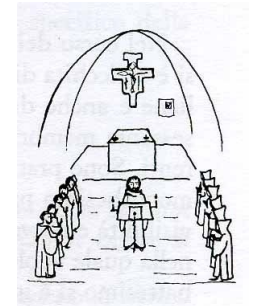
Lectio divina personale
ore 7



Compieta
ore 21.00

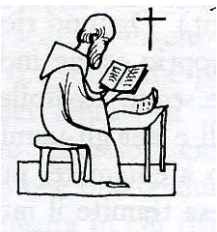


Vespri
ore 18.30

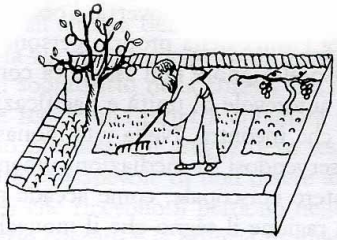


Lodi
ore 8

Meditazione
ore 17.30-18.30



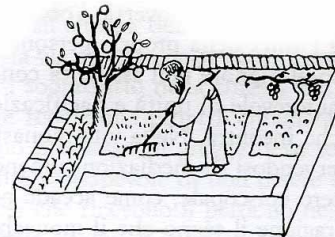
Lavoro
ore 14.30-17.30



Silenzio
Ora media personale
13.30-14.30



Lavoro
ore 9.30-12.30



S. Messa
ore 8.30

